



Dr. Robyn Benson's

A.R.T. eGuide Series: *Breast Lift*
amplified regenerative therapies

Discover non-surgical solutions for today's health-conscious men and women at:
DestinationRegenerate.com

Dr. Robyn Benson's signature leading-edge treatments will help you grow biologically younger! Get FREE access to her online classes on how to regain a quality of life, prevent disease and maintain a strong immune system so you can live your best life in a body you have always dreamed of.



Santa Fe Soul
Center for Regenerative Medicine

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A.R.T. eGuide Series: *Breast Lift*

Discover More About A Youthful YOU Naturally!

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A.R.T. with Dr. Robyn Benson

amplified regenerative therapies

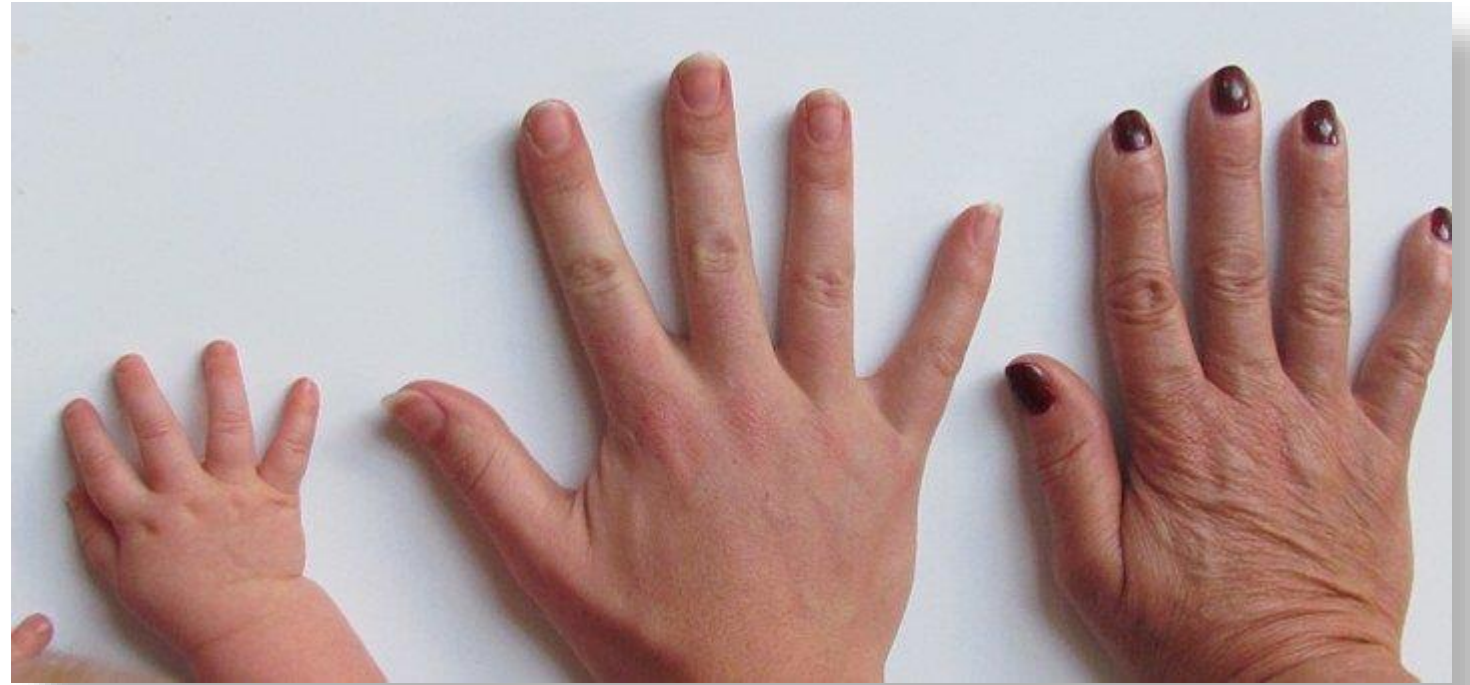
Dr. Robyn Benson is a Doctor of Oriental Medicine (DOM) who brings an innovative and game-changing approach to today's health care. Robyn offers the most advanced, cutting-edge therapies, procedures and products designed to renew, restore, and revive health called A.R.T.: Amplified Regenerative Therapies.

Dr. Benson, author, speaker, and self-care and Regenerative Medicine* expert, is known by many to be THE *health detective* with life-changing solutions! She has been the owner and founder of the **Santa Fe Soul** Center for Optimal Health (now Regenerative Medicine) for close to two decades.

For almost 30 years, Dr. Benson has applied her considerable knowledge of acupuncture, platelet-rich plasma (PRP) therapy, herbs, IV therapies and her love for healthy travel to help patients resolve acute and chronic health challenges and to achieve optimal and sustainable health *without the use of pharmaceuticals or surgery*.

*Definition of regenerative medicine and practices, *see next page*.

For a definition of Regenerative Medicine and practices



***Definition of Regenerative Medicine:** Regenerative Medicine is the reverse of aging and degenerative disease. It is the science of boosting healing naturally in damaged tissues and in under-functioning endocrine and immune systems. This is achieved through nutrition therapy, stem cell therapy and oxidative medicine (ozone and high dose vitamin C IVs). It also includes restoring healthy joints, hair growth, skin, and sexual function with your own platelet-rich plasma (PRP).

Discover More about How You Can Live a Youthful Life Naturally!

Youthful + Healthier + Healing + Energizing + Sharper + Clearer + Sexier

amplify regenerate transform



“I am here to help you truly love your breasts, see the beauty in them, and to get that natural joyous sensation back that you desire in your nipples.”

Dr. Robyn Benson

I am on a mission to help women love their breasts, take care of them, and keep the life force (called Qi) flowing freely in the breast, heart, and lung area as a way to support a whole body. That is why I am thrilled to help women, regain their happiness with the beauty and vitality of their breasts. The joy of restoring touch sensitivity uses the science of the Vampire Breast Lift®, which I customize and call the A.R.T. Breast Lift.

This natural, non-surgical, and effective procedure harnesses the healing power of your body to improve the look, feel, and health of your breasts in only an hour or less. The results are immediate, and there's absolutely no downtime.

Is this remarkable treatment a good fit for you? Let's find out!

When you look in the mirror, HOW DO YOU FEEL ABOUT YOUR BREASTS?

Are you satisfied with their shape or do you fumble with the straps and snaps of uncomfortable bras and push-ups, trying to achieve a fuller, shapelier look?

Maybe you're [struggling with implants](#) that are separating and that lack cleavage or breasts that are sagging after years of breastfeeding babies. Dr. Benson has personal experience with this, as it happened to her after breastfeeding her two children.

If any of these issues resonate with you, you are *not* alone. **A recent global study found that a shocking 71% of women are NOT satisfied with their breasts.**

Women should be able to celebrate the natural beauty of their breasts and be content with how they look, no matter age or life experience.

In addition, your breast health is integral to orgasmic pleasure and amplifies the flow of hormones in your body. As a Doctor of Oriental Medicine (DOM), Dr. Benson has helped hundreds of women restore breast health after pregnancy and through breast cancer.

It is startling how many women have breast cancer. Studies have shown that Chinese medicine can have profound health benefits for breast cancer patients. A new study showed that using acupuncture as well as Chinese herbal medicine, dietary therapy, and Qigong movement exercises improved the stress levels, coping skills symptoms, and the debilitating side-effects of traditional treatments in breast cancer patients.



IS THE A.R.T. BREAST LIFT FOR ME?

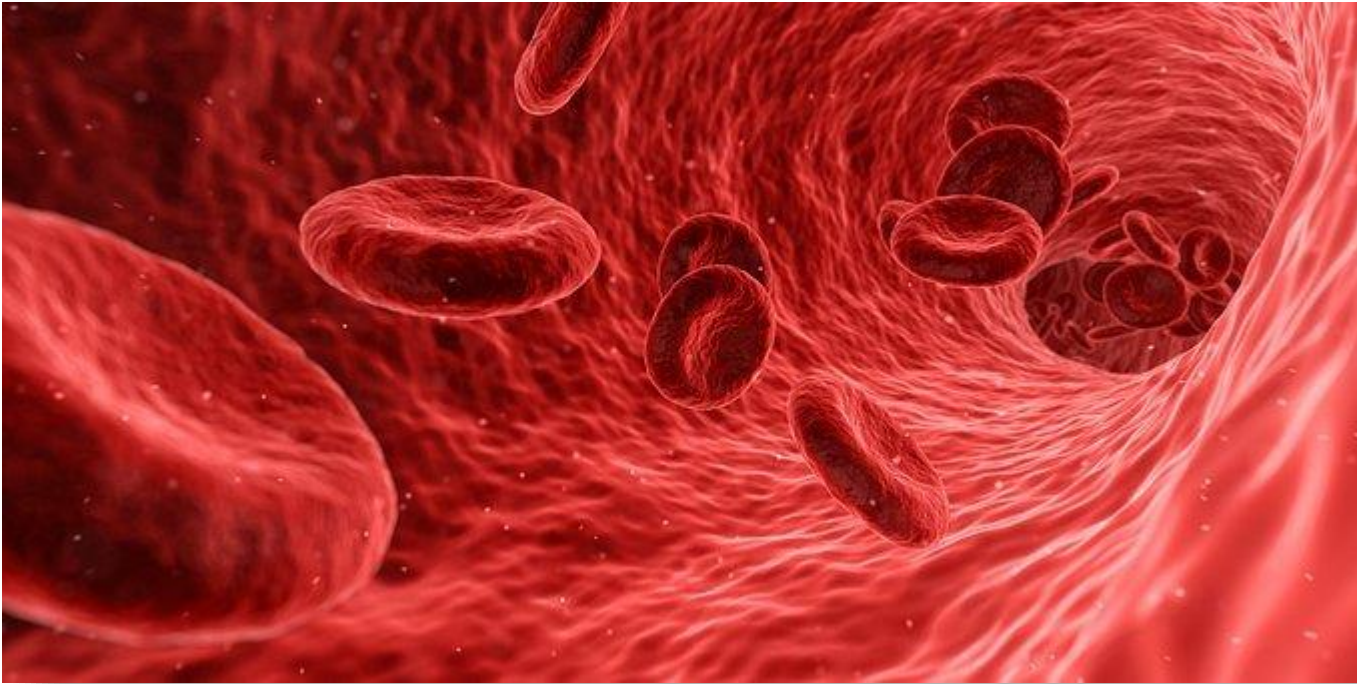
The Vampire Breast Lift®, what is affectionately called The A.R.T. Breast Lift, is popular with Hollywood celebrities such as Jennifer Aniston and with women worldwide seeking a youthful look to their breasts without surgery or implants. This natural, non-invasive technique can be powerfully effective if you have experienced any of the following:

- Decreased sensation after implants, breastfeeding, other surgery, or simple tissue sagging
- Stretched and crinkling of skin around the cleavage
- Skin discoloration due to less blood flow
- Inverted nipples
- Shifted implants resulting in uneven cleavage

It's important to note that while the A.R.T. Breast Lift results in shapely, firmer breasts, this is NOT the procedure for you if you're seeking to dramatically alter the *size* of your breasts.

It is common now to hear of many women suffering from *Breast Implant Illness*. You can learn more from a few experts on this topic, click to listen, available on **Episodes [#16](#) and [#72](#)** on the popular **[YOUNGER](#)**: The A.R.T. and Science of Youthful Aging.





WHAT IS PRP?

The Vampire Breastlift[®], affectionately called the A.R.T. Breast Lift, achieves its powerful healing using platelet-rich plasma (PRP), a substance drawn from a sample of your blood that helps to heal damaged cells and tissues. While PRP consists of several components found in your blood, it's not actually blood.

The PRP process works like this: Once the team at [Santa Fe Soul Center for Regenerative Medicine](#) draws a sample of your blood, it is placed into a centrifuge for processing. The spinning motion of the centrifuge separates your blood into layers. Then the plasma, or liquid part of your blood, is combined with the concentrated layer of platelets to create PRP. The plasma allows your blood to flow, making PRP an injectable liquid substance. The platelets in your blood are responsible for clotting your blood after an injury and releasing growth factors to aid in healing.

HOW DOES PRP WORK THE A.R.T. BREAST LIFT?



During the A.R.T. Breast Lift procedure, the team creates platelet-rich plasma by first drawing blood from your arm, much in the way that your blood is drawn for lab tests. Once the blood is separated into its component parts in the centrifuge and the growth factors are extracted, the PRP is injected into your breast area, using numbing cream and a small needle. In addition to the PRP, the platelet-poor plasma (PPP) from your blood is used, as it is rich in nutrients, hormones, proteins, enzymes, and immune factors.

The stem cells then develop into new collagen, new blood vessels, and new fatty tissue, resulting in skin that looks and feels younger. Not only that, but the procedure also returns sensation to your breasts, including the areola and the nipples.

FAQs



FAQs

How soon will I notice results?

Almost all patients notice an immediate increase in volume. According to Dr. Charles Runels, *inventor of the [Vampire Breast Lift®](#)*, most women notice the fullness and shape change right after the procedure.

“The person looks beautiful that night because the volume’s there, and it improves over the next three months as the new collagen and fat gets healthier and juicier, like when the woman was [younger],” Dr. Runels says. He goes on to say that many women report that their, “nipples become healthier, loss of sensation from breastfeeding or breast augmentation often returns, the stretch marks improve, [and] it just looks like a healthier breast.”

How long will the results last?

You can expect results to last for at least one year, depending on your age, vitality, and overall health.

What do I need to know to prepare?

It is important that you don’t use anti-inflammatory medications before and during the 48 hours after the injection. Also, areas that have been treated with steroid or cortisone injections cannot be treated with PRP until the injections have worn off (at least four weeks).



LEARN THE A.R.T. OF A REGENERATIVE LIFESTYLE

At [Santa Fe Soul Center for Regenerative Medicine](#), Dr. Benson offers an integrative approach that includes her pioneering program of Regenerative Medicine called [A.R.T.](#) (Amplified Regenerative Therapies).

To ensure that you thrive with healthy, youthful breasts achieved with the A.R.T. Breast Lift, consider adopting a self-care lifestyle that includes a whole food diet, regular exercise,

supplements, and breast/self-love affirmations, as well as the other therapies and health services we offer at [Santa Fe Soul Center for Regenerative Medicine](#).

You will learn an abundance of information about how to live a regenerative lifestyle with Dr. Benson's *free* mini-course called ["The Benson Regenerative Protocol: A 7-Step Foundation to Renew Your Youthful Spark."](#)

Discover Dr. Benson's signature programs *for men and women* when she gets you started with a customized [BioMarker Blueprint](#). If you are ready to *amplify, regenerate, and transform into a new you*, please contact Dr. Benson's office for a free consultation today at: [505-986-1089](tel:505-986-1089).

Resources

71% of Women Unhappy with Their Breasts:

<https://www.health.com/mind-body/body-positivity/most-women-unhappy-with-breasts>

Current Usage of Traditional Chinese Medicine for Breast Cancer:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5590056/>

Is PRP Safe?

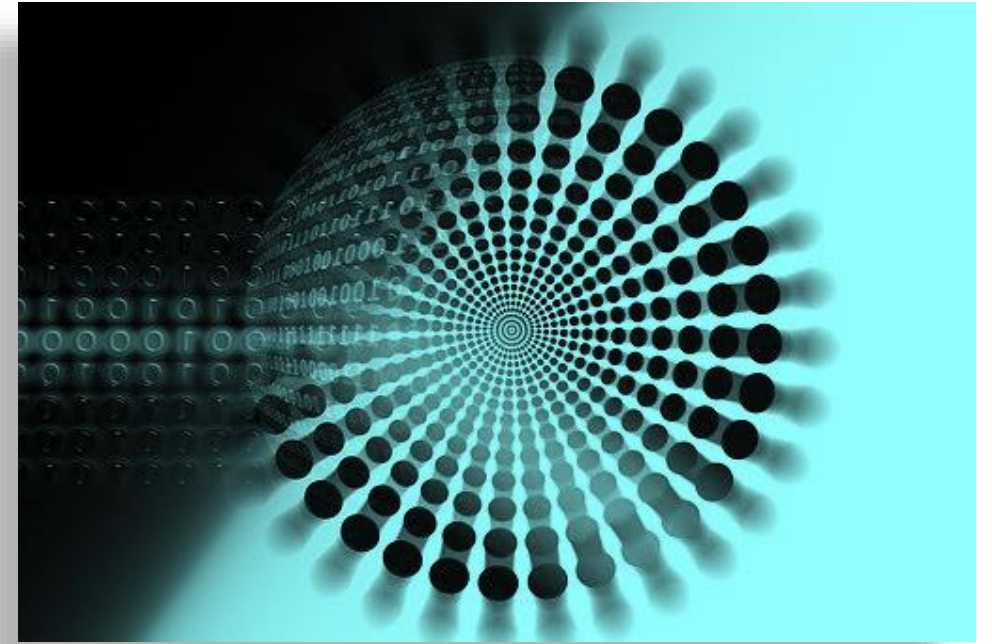
http://vampirebreastlift.com/research/#.X_eXvDJICMJ

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The information provided is not a substitute for medical or professional care, and you should not use the information in place of a visit, consultation, or the advice of your physician or other health care provider. Dr. Robyn Benson and the entities listed above are not liable or responsible for any advice, course of treatment, diagnosis, or other information provided through services or products listed in this eguide or ebook.



Women Share Their Breast Transformations

“For the first time in my life I have nipple sensitivity, and I am 60 years old. I never had children, I just thought this was not possible for me. Wow, it has amplified my sex life in amazing ways. I feel tingles throughout my body and a connection to my vagina and my spouse in new ways. My husband of 30 years said I am so fortunate to have a woman so attractive and alive like this in her 60s. Thank you Dr. Benson, for your gentle care. The procedure was absolutely painless and it just gets better with time. ”

—Dawn, Chicago

“After breastfeeding two children, I felt helpless about my sagging breasts. They were small to begin with. Yet at 53, I researched my nonsurgical options to help bring my breasts back to life. There was very little [available] outside of implants, and as a highly sensitive person with an autoimmune condition, I knew that was not an option for me. I am grateful I found Dr. Benson and Santa Fe Soul Center for Regenerative Medicine. After two PRP breast lifts in three months, I am elated. I have more volume in my breasts, they are not drooping anymore, [they are] perkier and the skin and texture of my entire breast area looks like they did pre-children. [I am] forever grateful and will continue the exercises and breast love affirmations Dr. Robyn gave me. Thank you for helping me get my shine back, Dr. Robyn. ”

—Samantha, Albuquerque





It is Time to Experience Total Body Freedom!

Are you ready to look and feel ten years younger? You can start growing younger naturally with Dr. Benson's [A.R.T.](#) (Amplified Regenerative Therapies).

Reset the healthy foundation of your body by identifying your food allergies and/or sensitivities and hormonal status and by finding what is deficient in your body. This process is discovered by taking Dr. Benson's [BioMarker Blueprint Test Kit](#).

With those results, the team designs a plan that optimizes your body, brain, and sexual wellness. A personalized VIP Day at [Santa Fe Soul Center for Regenerative Medicine](#) can give you the physical boost to jumpstart the next chapter in your life.

To secure a time to speak with a Regenerative Specialist, go to DestinationRegenerate.com/book and start growing younger naturally!