

Dr. Robyn Benson's

A.R.T. eGuide Series: *Face Lift*

amplified regenerative therapies

Discover non-surgical solutions for today's health-conscious men and women at:

[DestinationRegenerate.com](https://www.destinationregenerate.com)

Dr. Robyn Benson's signature leading-edge treatments will help you grow biologically younger! Get FREE access to her online classes on how to regain a quality of life, prevent disease and maintain a strong immune system so you can live your best life in a body you have always dreamed of.



Santa Fe Soul

Center for Regenerative Medicine

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A.R.T. eGuide Series: *Face Lift*

Discover More About A Youthful YOU Naturally!

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A.R.T. with Dr. Robyn Benson

amplified regenerative therapies

Dr. Robyn Benson is a Doctor of Oriental Medicine (DOM) who brings an innovative and game-changing approach to today's health care. Robyn offers the most advanced and cutting-edge therapies, procedures, and products designed to renew, restore, and revive health called A.R.T.: Amplified Regenerative Therapies.

Dr. Benson, author, speaker, and self-care and Regenerative Medicine* expert, is known by many to be THE *health detective* with life-changing solutions! She has been the owner and founder of the **Santa Fe Soul** Center for Optimal Health (now Regenerative Medicine) for close to two decades.

For almost 30 years, Dr. Benson has applied her considerable knowledge of acupuncture, platelet-rich plasma (PRP) therapy, herbs, IV therapies, and her love for healthy travel to help patients resolve acute and chronic health challenges and to achieve optimal and sustainable health *without the use of pharmaceuticals or surgery*.

*For a definition of regenerative medicine and practices, *see next page*.



For a definition of Regenerative Medicine and practices

***Definition of Regenerative Medicine:** Regenerative Medicine is the reverse of aging and degenerative disease. It is the science of boosting healing naturally in damaged tissues and in under-functioning endocrine and immune systems. This is achieved through nutrition therapy, stem cell therapy, and oxidative medicine (ozone and a high dose of vitamin C IVs). It also includes restoring healthy joints, hair growth, skin, and sexual function with your own platelet-rich plasma (PRP).

Discover More about How You Can Live a Youthful Life Naturally!

*Youthful + Healthier + Healing + Energizing + Sharper +
Clearer + Sexier*

amplify regenerate transform



"I am dedicated to offering a comprehensive, natural healthcare approach—The A.R.T. Face Lift, for women looking to restore beauty and revive their youth naturally."

Dr. Robyn Benson

I am on a mission to help women keep their appearance youthful naturally while offering an achievable **regenerative lifestyle** that can take self-care to new heights. I know the importance of loving yourself inside and out and understand the best regenerative pathways designed to support the mind and body to capture ageless beauty. I am thrilled to help women regain their health and happiness with confidence when they look in the mirror.

When receiving a custom version of the Vampire Face Lift®, which I call the A.R.T. Face Lift, you should know it is a natural, non-surgical and effective procedure that can harness the healing power of your own biology to improve the look and feel of your face, in only an hour or less. The results are immediate, and there's absolutely no downtime.

Is this remarkable treatment a good fit for you? Let's find out!

When you look in the mirror, IS YOUR FACE BEGINNING TO SHOW ITS AGE?

If you are ready to look and feel younger, you are in the right place to learn about the Vampire Face Lift®, or the A.R.T. (Amplify, Regenerate, Transform) Face Lift. This is one of seven natural, easy, and effective youthful aging procedures for women offered at **Santa Fe Soul Center for Regenerative Medicine**.

Growing older is inevitable, but youthful aging is a choice through the revolutionary field of Regenerative Medicine. This pioneering science reverses aging naturally and is a powerful part of the A.R.T. program, along with other natural pathways to live a vibrant and healthy life.

This procedure is a popular choice for both men and women who desire a more youthful-looking face, achieved without surgery and with little to no downtime. This groundbreaking procedure offers a natural way to reduce fine lines, wrinkles, and scars while lifting the face and rebuilding healthy new tissue. These improvements are achieved using your body's platelet-rich plasma (PRP), a highly effective tool for skin rejuvenation and the restoration of healthy joints, hair, and sexual function.



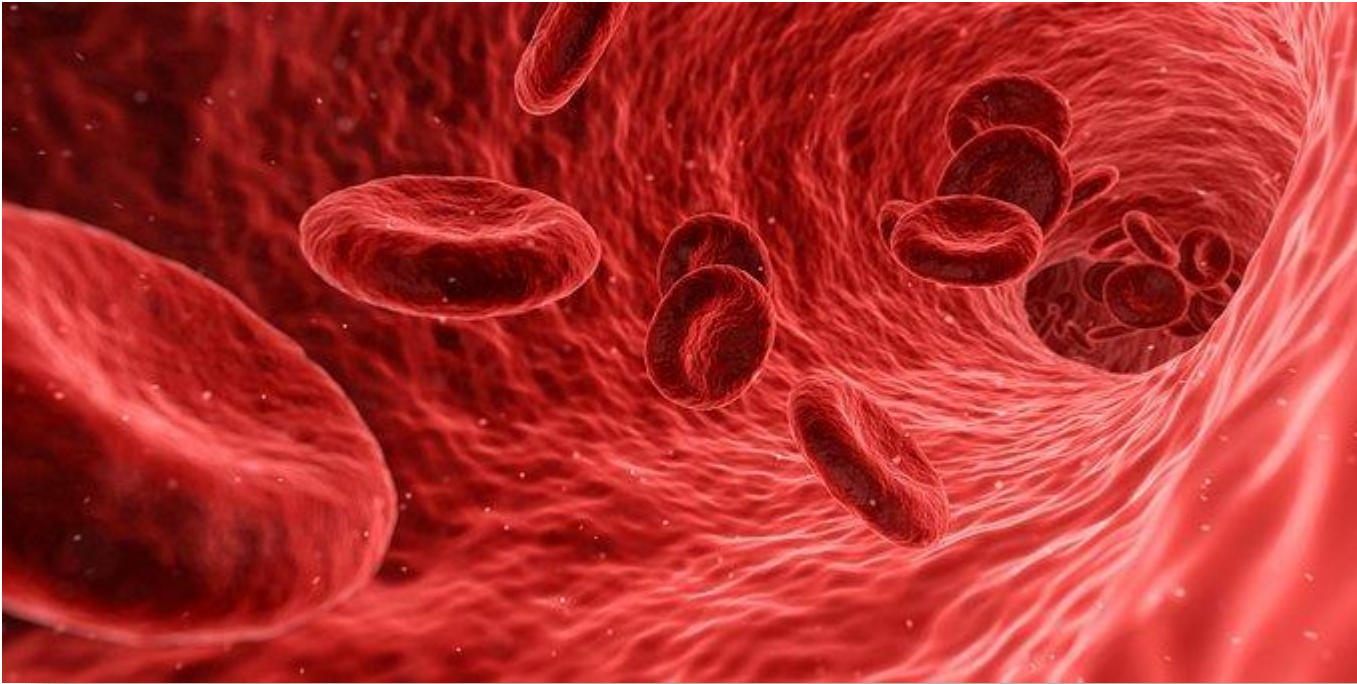
IS THE A.R.T. FACE LIFT FOR ME?

A.R.T. has quickly become a popular approach for celebrities and women and men who seek the following benefits using a natural, non-invasive technique:

- Diminishing brow lines, wrinkles, and laugh lines
- Restoring healthy, vibrant skin
- Reducing or eliminating crow's feet
- Rebuilding healthy collagen and elastin
- Getting rid of or reducing small scars
- Restoring younger, smoother skin on the face and neck
- Reversing aging on a cellular level
- Plumping sagging skin

There are reasons people are raving about this technology, which relies on the same groundbreaking science used in the Vampire Breast Lift®, the O-Shot® for women, and the P-Shot® for men. Each procedure is wholly natural and safe, requiring little to no recovery time, and produces lasting results. Amazingly, these procedures harness the healing power of your own body, using no harsh chemicals, toxins, or other unhealthy substances. Read more below about the revolutionary science of Regenerative Medicine and why Dr. Benson is an artist in how she uniquely applies her A.R.T.





WHAT IS PRP?

The Vampire Facelift[®], what is affectionately called the A.R.T. Face Lift, achieves its powerful healing using platelet-rich plasma (PRP), a substance drawn from a sample of your blood that helps to heal damaged cells and tissues. While PRP consists of several components found in your blood, it's not actually blood.

The PRP process works like this: Once the team at [Santa Fe Soul](#) *Center for Regenerative Medicine* draws a sample of your blood, it is placed into a centrifuge for processing. The spinning motion of the centrifuge separates your blood into layers. Then the plasma, or liquid part of your blood, is combined with the concentrated layer of platelets to create PRP. The plasma allows your blood to flow, making PRP an injectable liquid substance. The platelets in your blood are responsible for clotting blood after an injury and releasing growth factors to aid in healing.



HOW DOES PRP WORK WITH THE A.R.T. FACE LIFT?

The team begins by drawing a small sample of blood from your arm and processing it in a centrifuge, which separates the plasma into a highly concentrated form. This is used in the desired facial areas, where it stimulates blood flow and produces new cells and tissue.

Next, a local anesthetic is applied to your face, ensuring that there will be minimal pain with the procedure.

WHAT IS UNIQUE ABOUT THE A.R.T. FACE LIFT?

1. The team uses a micro-needling device to create many tiny holes in the skin that receive the plasma solution. Therefore, the entire face is receiving the PRP.
2. The PRP is then heated to produce a partially scaffolded bio gel that is strategically injected into key points in the face, as well as into volume depleted areas.

Dr. Benson absolutely loves to personalize and sculpt each procedure by listening to exactly the patients desire. Perhaps what upsets you most is the wrinkles around your mouth, or is it the deep crevices between your eyebrows. The procedure is completely tailored to the each individual person.

FAQs



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How long does the A.R.T. Face Lift procedure take?

The procedure takes about forty-five minutes to an hour in our office at **Santa Fe Soul Center for Regenerative Medicine**. Because there is no downtime and no surgery, you can walk out of our office and immediately resume your everyday activities.

Is PRP safe?

Dr. Benson has safely provided PRP to more than one thousand patients throughout my practice of over twenty-five years. Platelet-rich plasma comes from your blood and has never been associated with infection, malignancy, or any serious side effects.

How soon will I notice results?

Most people notice improvement almost immediately.

FAQs



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Are there any side effects to the A.R.T. Face Lift procedure?

Some clients experience itching, minor swelling, bruising, or redness, but the team does everything they can to prevent those side effects from happening.

What do I need to know to prepare?

You must not use anti-inflammatory medications before and during the forty-eight hours after the injection. Similarly, areas that have been treated with steroid or cortisone injections cannot be treated with PRP for at least four weeks until the injections have worn off.



LEARN THE A.R.T. OF A REGENERATIVE LIFESTYLE

At [Santa Fe Soul Center for Regenerative Medicine](#), Dr. Benson offers an integrative approach that includes her pioneering program of Regenerative Medicine called [A.R.T.](#) (amplified regenerative therapies).

To ensure that you thrive with a healthy, youthful face achieved with the A.R.T. Face Lift, consider adopting a self-care lifestyle that includes a whole food diet, regular exercise,

supplements, and self-love affirmations, as well as the other therapies and health services offered at [Santa Fe Soul Center for Regenerative Medicine](#).

You will learn an abundance of information about how to live a regenerative lifestyle with Dr. Benson's *free mini-course* called "[The Benson Regenerative Protocol](#): A 7-Step Foundation to Renew Your Youthful Spark."

Discover Dr. Benson's signature programs *for men and women* when she gets you started with a customized [BioMarker Blueprint](#). If you are ready to amplify, regenerate and transform on your journey to *a new you*, please contact Dr. Benson's office for a free consultation today at: [505-986-1089](tel:505-986-1089).

Resources

What Defines Beautiful According to Psychologists?

<https://www.verywellmind.com/what-defines-beautiful-according-to-psychologists-5180378>

What to Expect from Micro-needling with Platelet-Rich Plasma:

<https://www.healthline.com/health/beauty-skin-care/microneedling-with-prp>

The Research Defining the Complications of a Surgical Facelift:

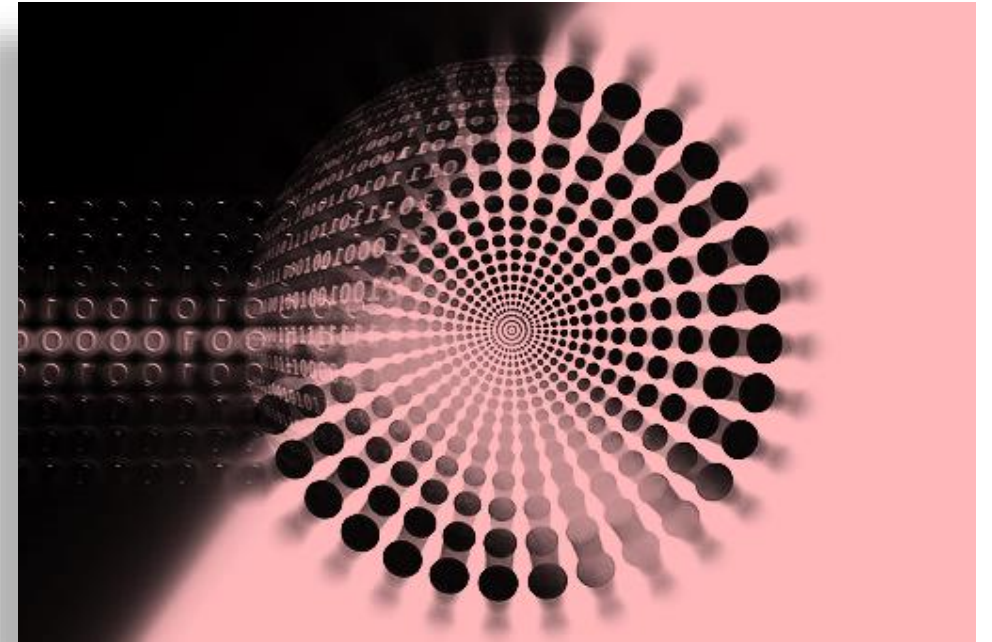
<https://www.mayoclinic.org/tests-procedures/face-lift/about/pac-20394059>

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The information provided is not a substitute for medical or professional care, and you should not use the information in place of a visit, consultation, or the advice of your physician or other health care provider. Dr. Robyn Benson and the entities listed above are not liable or responsible for any advice, course of treatment, diagnosis, or other information provided through services or products listed in this eguide or ebook.



Women Celebrate Their Youthful New Look!

“ I am in love with my first A.R.T. Face Lift with Dr. Benson. Immediately I looked in the mirror and saw a woman who looked 10 years younger. I just don't want a surgical face lift and I am glad there is this natural solution. I highly recommend Dr. Benson and her artistic approach to sculpting beauty. ”

—D.P.

“ . . . My third retreat and my experience was transforming! The ART of Liberation Women's Retreat takes everything that you ever dreamed of possible for yourself. Robyn helps you bring it home, and helps you embody the goddess that we all have within us. Robyn awakens that within us . . . ”

—Cindy

[Cindy has attended three of Dr. Robyn's Women's Retreats]





It is Time to Experience Total Body Freedom!

Are you ready to look and feel ten years younger? You can start growing younger naturally with Dr. Benson's [A.R.T.](#) (Amplified Regenerative Therapies).

Reset the healthy foundation of your body by identifying your food allergies and/or sensitivities and hormonal status and by finding what is deficient in your body. This process is discovered by taking Dr. Benson's [BioMarker Blueprint Test Kit](#).

With those results, the team designs a plan that optimizes your body, brain, and sexual wellness. A personalized VIP Day at [Santa Fe Soul Center for Regenerative Medicine](#) can give you a physical boost to jumpstart the next chapter in your life.

To secure a time to speak with a Regenerative Specialist, go to DestinationRegenerate.com/book and start growing younger naturally!